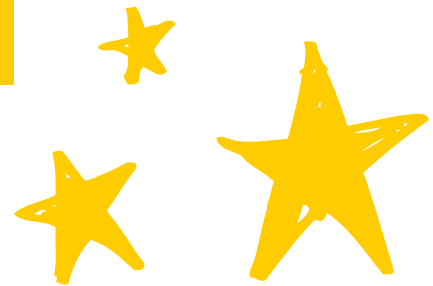


# Cystic Fibrosis why we're fundraising



## School fundraising

School fundraising can be rewarding, fun and educational, whether you're a teacher, student, carer or parent! We can provide you with all the necessary support to make your event a success. Fundraising is not just about the money you raise, it's about making the activities accessible and enjoyable for everyone.

We can help you every step of the way, with sponsorship forms, fundraising materials, plenty of information explaining what cystic fibrosis is, and potentially a guest speaker and cheque presentation after the event.

Your school may choose to support a charity on an annual basis, before the start of the school year, or they may change for every event. The key is to make your request early to give the school, and you, enough time to plan the event (or events) and maximum notice for people to get involved.

### Ideas as big as your imagination...

- **Sponsored activities** – This could be aligned with what currently happens at school, such as spelling bees or read-a-thons, or performance-based like karaoke and sing-a-thons. Sports-based sponsored events can raise a lot of money, and events like cycles, swims, walks, penalty shoot outs or even toddles for the very young are very inclusive. You could even hold a ['Big Bounce'](#) – the Trust's very own event.
- **Dress down days** – A hugely popular school event, you could run it monthly, termly or get involved in our annual 'Wear Yellow Day' in July each year (though that doesn't limit you to wearing yellow any other time of the year!). Whether you theme your dress down day (onesie, super heroes) or opt to come in casual clothes, ask pupils to donate £1 or £2.
- **Concerts and discos** – Arrange a festive carol concert, mid-term mini disco or an end of year leavers' ball. Charge for admission and raise some extra cash by selling refreshments or run a tombola to give people a break from all that dancing!

- **Involve the teachers** – Challenge them to a pupils vs teachers football, netball or rugby.
- **Or something in between** – There are plenty more ideas that could work well as a fundraiser. Maybe family bingo, film night, car wash, jumble sale, a good deed day or even one of our [Big Cake Bakes](#). Check out our 'A-Z of Fundraising Ideas' if you need inspiration.

