

cysticfibrosis.org.uk/cfyouth

Cystic Fibrosis Trust

Make friends, learn skills and have fun!

Are you aged 6-25 with CF or a personal connection to someone with the condition?

Find out what the Cystic Fibrosis Trust's youth programme is up to and how you could get involved!

"My son loved it and will definitely do it again! It was 'the funnest thing' he's ever done he said!"

"Being connected to everyone else with CF like that was very special"

Fighting for a
Life Unlimited

Our youth programme has loads of events and groups for you to join, from free online workshops that teach you a new skill, to Games Nights, to our Youth Advisory Group where you can meet others with CF online and influence the work of the Trust.

To get involved you need to be aged 6-25 and have CF or be close to someone who does (like a brother or sister).

Find out more at

cysticfibrosis.org.uk/cfyouth

Or get in touch with us at

cfyouth@cysticfibrosis.org.uk

“It was really fun and inspiring and I really enjoyed it!! I hope to take part in the next one!!! Thank you so much to everyone that was involved!!!”

“My son had a fab time, it’s the happiest I’ve seen him for quite a while!”

**Fighting for a
Life Unlimited**

