

Cystic Fibrosis our focus

North West Midlands Cystic Fibrosis Centre – Adult

The Adult CF Service in the North West Midlands is a crucial resource for a large region, which includes areas of social deprivation. The main CF centre is at Stoke (University of North Staffordshire Hospital – UHNS), with a network clinic at Royal Shrewsbury Hospital.

User feedback identified cleanliness, cross-infection control and the overall care received from the CF team as areas of excellence. Areas for improvement included staffing levels and car parking.

The introduction of the Payment by Results tariff in 2013 and the recommendation that adult care be provided by a CF centre make it a good time to establish a critical mass of resource that will allow the NWM to build a CF multidisciplinary team (MDT) capable of delivering excellent care. The peer review panel recommends that a critical mass of expertise is concentrated in Stoke to enhance the care of those patients living in Shropshire and ensure that as well as monthly outreach clinics in Shrewsbury their annual review and in-patient care occur in Stoke.

Areas of good practice identified include a committed adult team that works closely with the paediatric team, and the willingness of senior clinicians within both teams to work towards a flexible service capable of delivering exemplary care. There are also excellent inpatient facilities, with a commitment to develop the ward further to build on this.

Key recommendations identified include the need to increase medical support for the service, and to employ another adult CF physiotherapist. The panel also noted a lack of medical trainees and it was agreed this lack should be filled with an additional CF specialist nurse. A business case has been made to ensure that these additional staff are in post by March 2014