

Cystic Fibrosis our focus

University of Nottingham Hospital adult centre

The adult cystic fibrosis centre at Nottingham City Hospital NHS Trust is one of two centres in the East Midlands, caring for 149 adult patients. The service is going through an exciting period of change, with the opening of a new purpose built CF centre anticipated in April 2014.

This is the second peer review of the service, the first being in 2008. Since then there have been improvements in MDT staffing levels, and although the MDT is still under resourced, further improvements are planned with the opening of the new unit and the expansion in patient numbers.

Areas of excellence identified by user feedback included the overall care from the MDT, the cross-infection observance, cleanliness of outpatient facilities, and the annual review process. Areas for improvement included out-of-hours access, waiting times for both outpatients and inpatients, and car parking facilities.

The panel identified the gold-standard CF facility under construction, with close links to other specialities and allied services, as an example of good practice. Similarly, the experienced and enthusiastic core MDT was singled out for good practice, along with the social work team and the Ward Manager, and excellent future planning in communication and support.

The panel's key recommendation was to confirm the hospital Trust's commitment to new posts, particularly in physiotherapy, clinical psychology and pharmacy. It was recommended that the Trust reconfirms the business case forecast for the predicted increase in patient numbers and to develop the MDT accordingly.

The panel recommended revisiting the centre a year after the new facilities have opened to review the changes.