

Just ask!



ASK

us

anything

Here are some questions you could ask your paediatric CF team and your new adult CF team. You might already know the answers to some of these questions, and you may have some questions that aren't included here.

Use this space to add your own

Questions to ask your old team

1. Why do I have to transition now?
2. What's the plan for my transition?
3. What can I do to prepare for my transition?
4. How can I start getting more involved in my care?
5. Will the adult service be different?
6. How will my care change?
7. How will my care stay the same?
8. Will the adult clinic know what medication I am usually given?
9. Will the adult clinic change my medication?
10. Can I choose which centre I move to?
11. If I can choose, which centres can I choose from?
12. Can I visit the adult clinic to look around and meet the adult staff before I leave children's services?
13. Will someone from my old team come to my transition clinic with me?
14. How long will transition take?
15. What do I need to know before I move to adult services?
16. Can we keep in contact once I have moved to adult services?

Questions to ask your new team

1. What are the wards like?
2. How often will I see my team?
3. How many nurses will I see?
4. Will I always see the same doctor or different ones?
5. Can my friends or family still come to appointments with me and see me on the ward?
6. Will I be the person communicating with my CF team, rather than my parents?
7. What information can my CF team share with my family?
8. Will I be responsible for passing on my health information to the adult team?
9. Who can I talk to if there are any problems?
10. Who can I call for help in a medical emergency at night or on weekends?
11. Who should I contact for supporting letters regarding higher education, work or applying for benefits?

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