

# Cystic Fibrosis Trust

We've put together a few tried-and-tested ideas to help you throw a successful yellow-themed party!

Here are all the ingredients you need to throw your own...

# Big Yellow Party



## 1. A sprinkle of family and friends

The more the merrier! Hold it in person (in line with your local restrictions), or choose an online platform, such as Zoom, to host your party. Set up a JustGiving page and ask for an entrance fee to your party to help raise vital funds for people living with cystic fibrosis (CF).



## 4. A splash of tasty beverages

Get creative in the kitchen by making some mocktails and cocktails for your party.



## 2. A dressing of yellow clothing

This could be as simple as a pair of yellow socks or a yellow hat, a face painted yellow, or an all-out banana costume!



## 5. A dusting of decorations

Use items from around the house to make your very own party decorations. Get creative with household staples like string, cardboard boxes and trusty toilet rolls. You can also get in touch via [yellow@cysticfibrosis.org.uk](mailto:yellow@cysticfibrosis.org.uk) if you need materials such as balloons or banners.



## 3. A dollop of your favourite party nibbles

Deck out your table with yellow-themed snacks like classic cheese and pineapple sticks, lemon drizzle cakes or banana bread. Keep an eye on our social media pages for recipes and party food ideas.



## 6. A pinch of party tunes

Pull together a playlist for your guests or use our Spotify 'Big Yellow Party' playlist for inspiration. We have gathered all the cystic fibrosis communities favourite party songs so everyone can boogie together!



Whisk together and you have everything you need for your very own **Big Yellow Party!**

