



Cystic fibrosis (CF) is a devastating, life-shortening condition that affects over 10,600 people in the UK. It affects many parts of the body, creating obstacles that can make it hard to live a healthy, happy and productive life.

The Cystic Fibrosis Trust is the only UK charity dedicated to fighting for a life unlimited by CF for everyone affected by the condition. Join us this Wear Yellow Day and help us make a difference.

What is Wear Yellow Day?

Wear Yellow Day is a time to celebrate with friends, family or colleagues and raise money for the Cystic Fibrosis Trust. This year, it's taking place on Friday 18 June 2021, at the end of CF Week.

Why do we do it?

Our mission is to create a world where being born with CF no longer means a lifelong burden of care and an early death; when everyone living with the condition will be able to look forward to a long and healthy life. By raising money for Wear Yellow Day, you can help us achieve that goal.

How can you get involved?

Get involved with Wear Yellow Day by organising your own yellow-themed fundraiser, or joining in with someone else's. Request a fundraising pack from our website and we will send you everything you'll need to organise an event, including a three-step guide, handy hints and tips, and a fantastic selection of digital downloads. You can also come along to the Trust's Big Yellow Party, taking place on Zoom on Friday 18 June, 6–7pm. Register here to reserve your place!

How your money could help

- **£110** could contribute to life-changing research by providing a day's funding for a PhD student in a CF research project.
- **£350** could support the health and wellbeing of a person with CF in financial need through a grant.
- **£1,000** could enable someone with CF to pursue their dream career through a Helen Barrett Bright Ideas Award.

What does the Trust do?

- We invest in world-leading research to help us understand the causes of CF and develop new, effective treatments.
- We provide vital information and support for people with CF and their families when they need us most, especially throughout the COVID-19 pandemic.
- We work closely with the clinical community to ensure the highest quality of care.
- We advocate for and amplify the voices of people with CF and their families by campaigning on the issues that matter most.

