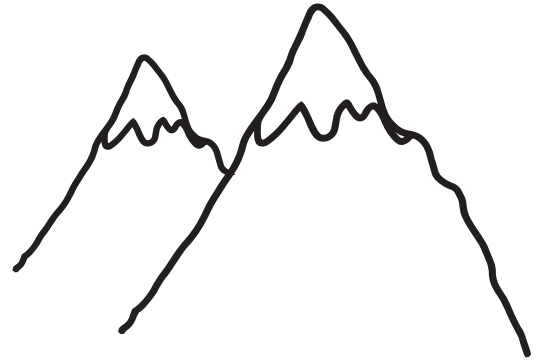


Cystic Fibrosis Trust

Trek Weekend



Scafell Pike Trek Weekend

Itinerary 29 April–1 May 2022

	Friday 29 April (timings subject to change):
15:30	Minibus arrives at Penrith Station for those requiring transfers. leaving promptly at 15:45
17:00	Minibus arrives at hotel (traffic permitting)
19:30	Evening meal at the hotel
21:00	Briefing with the Trust representatives in the hotel
21:30	Free time to relax in the hotel bar or head to bed
	Saturday 30 April (timings subject to change):
07:00	Breakfast
08:00	Walkers meet for briefing
08:15	Briefing from guides, who will assist our safe trek
08:30	Begin the hike
12:00	Summit. Weather permitting, we grab a photo and admire the view!
12:30	Start the descent back down
16:00	Arrive back to hotel
19:30	Evening meal in the hotel
21:00	Congratulations! Presentation of certificates in the hotel
	Sunday 1 May (timings subject to change):
08:00	Breakfast
10:00	Everyone travels home



Fighting for a
Life Unlimited

