

**Cystic  
Fibrosis Trust**



## Brecon Beacons Itinerary Saturday 18 June 2022

**Event village address:** The Showground,  
Watton, Brecon LD3 7PL.

**If you have any questions please get in touch with the Community and Events team on 020 3795 2176 or [greatstrides@cysticfibrosis.org.uk](mailto:greatstrides@cysticfibrosis.org.uk).**

**You will be sent your Wave number a few weeks before the event.**

Saturday 18 June	
Wave 1	
06:00 - 06:30	Registration
06:40 - 06:50	Safety briefing
07:00	Start
Wave 2	
06:30 - 07:00	Registration
07:10 - 07:20	Safety briefing
07:30	Start
Wave 3	
07:00 - 07:30	Registration
07:40 - 07:50	Safety briefing
08:00	Start
15:00	Walkers begin to finish
15:30 - 20:00	Massages from Athletes Angels available to all finishers
15:30 - 20:00	Hot food and drink available for all finishers
23:00	Cut off time for all walkers