


Cystic Fibrosis Trust

Schools Fundraising Tips



Get Inspired!

- **Create a competition.** Set a challenge between classes to encourage competition with a prize for the winning class. Or even have a pupil's vs teachers' competition!
- **Organise a sponsored fun run or walk.** Organise playground walks or laps/relays of the school field. Combine with a litter pick and be environmentally conscious with your sponsored walk/run by cleaning up the streets on your way.
- **Sponsored walk to school week.** Children will do better in class because they arrive refreshed, fit, and ready to learn as well as there being less congestion and air pollution from less cars driving to school.
- **Fact hunt.** Design your route where walkers must answer a question sheet about landmarks along the route e.g. what date a building was built or the names of shops and charge for entry.
- **Treasure Hunt** 
- **Quiz Night.** Host a quiz online or in person. Start by inviting parents and teachers to enter individually or as teams.
- **Cake sale** - tea, coffee and juice and sweet treats can be sold and donated by parents alongside a raffle.

- **Bingo.** Host a fundraising bingo night, online or in-person, where families can pay to play and try to win small prizes, or something bigger?
- **School-Boot Market.** Host a car boot sale, but it's held inside your school instead. Let families donate items from home, such as clothes, CD/DVDs, books, toys, even nick-nacks, then arrange them on tables and watch them sell.
- **Your School's Got Talent!** What school isn't bursting with talented children, teachers, and staff? Here's a great way to showcase all those budding singers, dancers, comics, magicians, and actors with your very own fundraising talent extravaganza.
- **Teacher Charity Game.** Organise a 'friendly' game of football, cricket, or rounders between teams of teachers. The children will love the chance to watch their favourite teachers compete (perhaps in fancy dress?)
- **Wear Yellow Day**
- **FeBREWary** 

Supporter resources * *

Your one-stop shop for downloadable resources and tools to help you to fundraise and raise awareness of cystic fibrosis. From sponsorship forms to an awareness presentation, we have a great selection of resources to help you on your way <https://www.cysticfibrosis.org.uk/get-involved/supporter-resources>

Want more ideas?

As well as asking people for sponsorship, there are loads of other ways to boost your fundraising total. Need inspiration? Check out the A to Z of fundraising activities – <https://www.cysticfibrosis.org.uk/get-involved/fundraising/organise-your-own-event/a-to-z-of-ideas>

You can also go to our website to find more schools fundraising tips! <https://www.cysticfibrosis.org.uk/get-involved/fundraising/organise-your-own-event/a-to-z-of-ideas/in-schools>



Are you a teacher or parent who would like your school to fundraise for us? Here are lots of ideas and inspiration to make your school's fundraising a success.

School fundraising can be rewarding, fun and educational, whether you're a teacher, student, carer, or parent! We can provide you with all the necessary support to make your event a success. Fundraising is not just about the money you raise; it's about making the activities accessible and enjoyable for everyone. We can help you every step of the way with sponsorship forms, fundraising materials, plenty of information explaining what cystic fibrosis is.

Check out our website for all the resources you need or email us at events@cysticfibrosis.org.uk.