

Run for Research

Step 1: Get ready

Sweepstake

Source a prize for your sweepstake, and fill out the details at the top and bottom of the poster.

Step 2: Get set

Ask your friends, family and colleagues if they'd like to take a guess of your total number of steps for a suggested donation. Then get them to fill out their guess/name in a box.

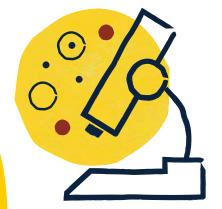
Step 3: Go!

Announce the winner on the date you've mentioned on your poster.

Step 4: Don't forget

Return your donations to the Cystic Fibrosis Trust – details on the front of this poster – and don't forget to include your name and that you're taking part in Step Forward so we can add it to your fundraising total.







Cystic Fibrosis Trwat

cysticfibrosis.org.uk #TeamCF

Run for Research **Sweepstake**

| How many steps will _ | | do this week? | |
|------------------------|--|--------------------------|-------------|
| Please donate* £ | to have a guess and help beat cystic fibrosis. | | |
| The person with the cl | osest to the total wee | kly step count will win: | |
| | | | |
| 00,000 | 00,000 | 00,000 | 00,000 |
| Guessed by: | Guessed by: | Guessed by: | Guessed by: |
| | | | |
| 00,000 | 00,000 | 00,000 | 00,000 |
| Guessed by: | Guessed by: | Guessed by: | Guessed by: |
| | | | |
| 00,000 | 00,000 | 00,000 | 00,000 |
| Guessed by: | Guessed by: | Guessed by: | Guessed by: |
| | | | |
| 00,000 | 00,000 | 00,000 | 00,000 |
| Guessed by: | Guessed by: | Guessed by: | Guessed by: |
| 1 | | | (|

*No donation is necessary.

To enter, pick a box and fill out your name and steps guess in the box.

Closing date:

Winner will be revealed by: (Write the closing date and when the winner will be announced here)

The person whose guess is closest to the total steps made in the week will win the prize listed above. If the winning count is exactly between two guesses, the prize will be given to the guess with the lowest count of the two.

All money raised will be donated to the Cystic Fibrosis Trust.

The promoter is:

Cystic Fibrosis Trust is not the promoter and does not accept any responsibility for your sweepstake. For use in the UK only.

Registered with **FUNDRAISING** REGULATOR

