

# Cystic Fibrosis Trust

## CF is for Cystic Fibrosis Quiz

Use the information from the lesson, the video you have watched and your A to Z of CF Handout to help you answer the questions on this sheet.

1. Name two types of exercise mentioned in the video that some children with CF do to help clear mucus from their lungs.

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2. What is another word for mucus?

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3. What special piece of equipment do doctors use to listen to people's chests?

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4. What is the name of the medication that some children with CF take to make sure they get plenty of vitamins and minerals from their food?

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5. What is a word that means really loud?

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6. What is the name of the piece of equipment that some people use to breathe in their medicine?

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7. How many tablets did the boy in the video say he took each day?

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8. Coughing a lot can make you what?



9. We all have mucus but some people with CF have mucus that is what?

10. Can you catch CF from someone else?



11. What is the noise the children need to make when they go for physio?

12. What 'A' is a type of medicine children with CF take if they get an infection?



13. How often do children with CF have an x-ray?



14. Why can't two people with CF meet up face-to-face?

15. What two things can family and friends show to support someone with CF?



## CF is for Cystic Fibrosis Quiz Answers

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1. Bouncing and running.
2. Gunk.
3. A stethoscope.
4. Some children take enzymes. The brand name is Creon.
5. Obstreperous.
6. A nebuliser.
7. Nearly 40 tablets a day.
8. Vomit.
9. Thicker and stickier.
10. No, CF is not contagious.
11. Huff.
12. Antibiotics.
13. Once a year (or more often if they are unwell).
14. The bugs that people with CF carry in their lungs would be dangerous for another person with CF and could cause a serious infection.
15. Kindness and understanding.