A yellow and black sign with blue text

Description automatically generated

Dear **(insert your MP’s name here),**   
  
As my Member of Parliament, I am contacting you to ask you to pledge to be a cystic fibrosis champion in the new parliament and help secure a life unlimited for people with cystic fibrosis.  
  
**(Insert your/your family’s own personal story here)** I am an adult with cystic fibrosis/parent of a child with cystic fibrosis/ family member of someone with cystic fibrosis/ oved one of someone with cystic fibrosis… **[Please delete as appropriate].**  
  
Cystic fibrosis (CF) is a genetic condition that affects the lungs and digestive system, leading to poor lung function, frequent and persistent lung infections and the inability to effectively digest food. Over 11,000 people in the UK live with the condition, having to undergo daily physiotherapy and taking multiple tablets a day just to stay healthy.

A [2023 report](https://www.cysticfibrosis.org.uk/sites/default/files/2023-01/CFT%20final%20report.pdf) from the University of Bristol found that the median household with CF loses almost £6,800 a year as a result of necessary extra spending to stay well and having to make different employment decisions.

People with CF have higher bills due to needing to eat a higher calorie diet to maintain a normal weight (80% are pancreatic insufficient and rely on Pancreatic Enzyme replacement therapy PERT), as well as needing to keep their homes warm to prevent infection and power essential medical devices. Every month, compared to someone without CF, the average adult with CF spends an extra £150 on food, £40 on energy and £38 on medical appointment related costs such as travel or parking.

As my local MP, I would be grateful if you could reply to me confirming whether you will support the following calls from the Cystic Fibrosis Trust:

* Equity for all. We are calling for measures such as the introduction of an energy social tariff, reform of Statutory Sick Pay and access to free prescriptions for everyone with CF.
* **Breathing greener.** We want to improve air quality for those with lung conditions, including introducing an early warning alert system to protect those with CF.
* **Access to care.** We need the UK Government to secure the future of CF specialist care and address staffing recruitment and retention in CF teams.

If you would like to join the list of cystic fibrosis champions in the next parliament, please email Cystic Fibrosis Trust by contacting [publicaffairsteam@cysticfibrosis.org.uk](mailto:publicaffairsinbox@cysticfibrosis.org.uk).

Kind regards,

**(Please insert your name and postcode so the MP knows that you are one of their constituents)**