

Cystic

Fibrosis a fight we must win

To whom it may concern,

Cystic fibrosis (CF) is a life-shortening, progressive, genetic condition. It causes a build-up of thick sticky mucus that causes severe, irreversible damage to the lungs and digestive system, making it hard to breathe and to digest food.

All those with cystic fibrosis in the UK are considered extremely vulnerable to the COVID-19 virus, and they have been advised by the government to stay at home for 12 weeks. Other people living in their household must follow social distancing guidance very strictly to protect the health of the person with CF, and many families are deciding that the entire household will stay at home for the 12 weeks.

It is important that, during the shielding period, people with cystic fibrosis can access the goods and services they need to stay well. We ask for your consideration and understanding that this is a vulnerable group, and people with CF and those who care for them will need extra support. This includes those doing their shopping being able to access shopping times set aside for vulnerable people, and access to food and medication delivery services and slots that businesses are setting aside for those who are vulnerable.

This will ensure people with cystic fibrosis can follow government advice and stay as well as possible during this difficult time. We thank you for all you are doing to support vulnerable people.

If you would like to learn more about cystic fibrosis, please visit the Cystic Fibrosis Trust website:
www.cysticfibrosis.org.uk

With thanks,

Cystic Fibrosis Trust

Information, Support & Programmes Team