

# Cystic

# Fibrosis not going to stop me

## Travelling medication form

This form is translated into the relevant languages required for the purpose of travelling abroad. It is also proof as to why the person stated has to carry such medication on a flight.

### Please complete this form clearly in block capitals

Please state which language you would like this letter in: (please tick as appropriate)

English  Spanish  French  Italian  German  Portuguese  Dutch  Greek  Czech  Russian  Turkish

Country/countries to be visited \_\_\_\_\_

Date of travel (please allow at least two weeks' notice) \_\_\_\_\_

### To whom it may concern

Re: (Name) \_\_\_\_\_

(Date of birth) \_\_\_\_\_

(Address) \_\_\_\_\_

(Phone) \_\_\_\_\_

The above named patient has cystic fibrosis (mucoviscidosis) which is a lifelong chronic illness that affects the lungs and pancreas. Cystic fibrosis is a genetic disease, inherited from both parents, and is not, therefore, contagious or a risk to other people. **To treat their cystic fibrosis it is essential patients take medication every day. If they do not, their lives would be at risk.**

(Name) \_\_\_\_\_ therefore carries the following medication:

By mouth		By inhaler/nebuliser	
Name of drug	Dosage	Name of drug	Dosage

All the above medication has been legally obtained in the UK and has been prescribed by the patient's doctor

(name of GP) \_\_\_\_\_

His/her consultant is \_\_\_\_\_

(Name) \_\_\_\_\_ attends the clinic at \_\_\_\_\_

\*  (Name) \_\_\_\_\_ also carries a portable nebuliser which is a machine used by

the patient to inhale drugs directly into the lungs.

\*  (Name) \_\_\_\_\_ also carries syringes so that the correct dosage can be

inserted into their nebuliser.

(\*please tick as appropriate)

Further information can be obtained from: (If applicable we will complete this section and give the name and address of the relevant CF associations of the country being visited)

**Please enclose a stamped self-addressed envelope for your letter to be returned and send to:**

**Lloyd Hooper, Cystic Fibrosis Trust, 2nd Floor, One Aldgate, London EC3N 1RE**