

Cystic Fibrosis our focus

Aberdeen Royal Infirmary Adult Cystic Fibrosis Centre

The Aberdeen CF team is well-established, enthusiastic and patient-centred. The multidisciplinary team (MDT) is experienced and generally well staffed. At the time of review 67 adults attended the centre, from a large geographical area. The inpatient ward moved to its new home in 2012.

Areas of excellence identified by users included communication within the CF team, the availability of staff in the outpatient service, and the cleanliness of the outpatient facilities. Users identified the need for a CF-specific menu, the overstretching of staff and the inadequate parking facilities as areas for improvement.

The peer review panel commended the excellent MDT care, reflected in highly positive user feedback, as one of the main examples of good practice. Others include the consultant-delivered service and its same day response for urgent visits and same day admission, and the ability of the team to deliver multidisciplinary home care.

The panel recommended succession planning, which is crucial to the continuation of the service as several senior members are due to retire, and to accommodate predicted growth within the patient population. Other recommendations include continuing the ward staff training programme and a need for access to negative pressure rooms by the CF team to facilitate care of patients with *B. cepacia* and *M. abscessus*.

The growth of the centre could be enhanced if some of the patients receiving paediatric care at Inverness transitioned to Aberdeen instead of Edinburgh.