

# Cystic Fibrosis our focus

## **Glenfield Hospital Adult Cystic Fibrosis Centre, Leicester**

The Glenfield cystic fibrosis unit is a small, slowly growing unit, providing care to 84 adults. The multidisciplinary team (MDT) are experienced and extremely dedicated, providing high-quality care despite significant under-resourcing and gaps in the MDT, and the service is highly valued by its users. The service has now reached a critical point in its development and investment in staffing levels is essential in order to meet the necessary standards of safe and effective care.

Service users identified the accessibility of the CF team and the standard of the outpatient clinic and inpatient care (including admission waiting times, segregation and cleanliness) as areas of excellence.

The panel have identified patient-focused and personalised service, highly dedicated staff and a strong approach to transition (including bi-monthly joint transition clinics with paediatric colleagues) as areas of good practice, as well as excellent user feedback.

The panel's key recommendations include the urgent need to address staffing levels across the whole MDT. Plans to appoint a psychologist have been made, but the whole team requires further investment to meet current standards and allow for service growth. The second recommendation is to address the pressure to cross-cover other services within the division - measures are required to allow to CF MDT to focus on CF service delivery. Further recommendations include reviewing the staffing infrastructure across respiratory physiotherapy to allow for a weekend physiotherapy service and giving consideration to the long-term strategy and development of the service. Pressure on other CF services in the region offers the opportunity to expand the service with appropriate resourcing.